

2006 MIAC Men's Indoor Track & Field Championships Awards

Carleton College senior **Steve Harris** (Roseville, Minn./Roseville Area) was selected [MIAC Men's Outstanding Track Athlete](#) as he was a double-winner in the 3000 and 5000 at the 2006 MIAC Indoor Championships. Harris set a new 3,000-meter record with a time of 8:33.51, breaking a 23-year old conference record by more than two seconds. He set a new Carleton Recreation Center record in the 5,000 meters in 14:40.82.

University of St. Thomas junior **P.J. Theisen** (Elko, Minn./New Prague) was selected [MIAC Men's Outstanding Field Athlete](#) for his performance at the 2006 MIAC Indoor Championships. Theisen won the long jump with a distance of 23' 4.5" and the triple jump with a distance of 46' 2.5". He also won two track events and was a member of a first place relay team at the meet.

Harris earned the honor of [MIAC Men's Outstanding Performance](#) with his MIAC record setting first place finish in the 3000.

COACHES OF THE YEAR

Steve Mathre and **Joe Sweeney** of the University of St. Thomas were selected men's and women's MIAC Indoor Coaches of the Year, respectively. Mathre guided the Tommie Men to their 22nd consecutive team championship. The St. Thomas women, led by Sweeney, won the team title for the seventh straight season.